# Resilience Compass

Foundation 3.0 Strategic Round Table - Lille - 03 & 04 July 2013

### By whom?

• Result of 2 year long colloaborative research by



building vibrant, resilient rural communities across the UK, Ireland & beyond

Supported by



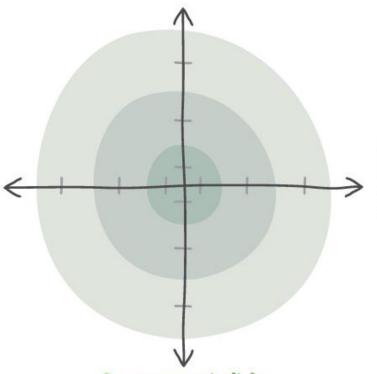
### Why a Compass?

- Simple tool
- Framework to help navigating change & resilience definitions / toolkits
- Help diagnose and map characteristics of (un-)resilient communities,
- Creativity grid to think about:
  - crisis, communities locked in a state of shock
  - designing relevant initiatives to regenerate communities

#### 4 Axis

#### Healthy Engaged People

"I'm happy and fit in mind and body"



Inclusive, creative culture

"We're confident in our diversity -

creating a great future together"

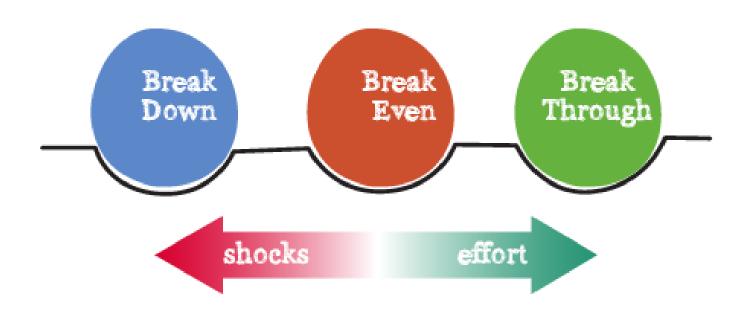
#### Localised economy within ecological limits

"We steward our land, food, water, energy, services, jobs, housing"

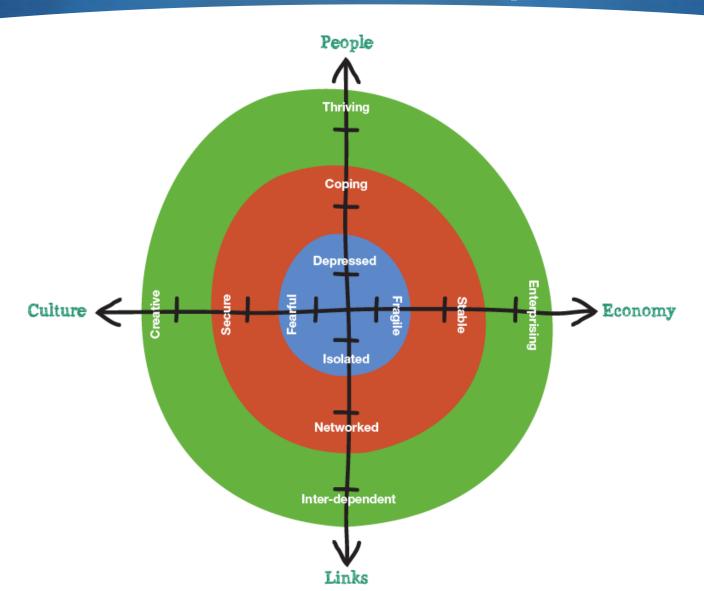
Cross-community links

"We collaborate with other communities near and far - we know no place can go it alone"

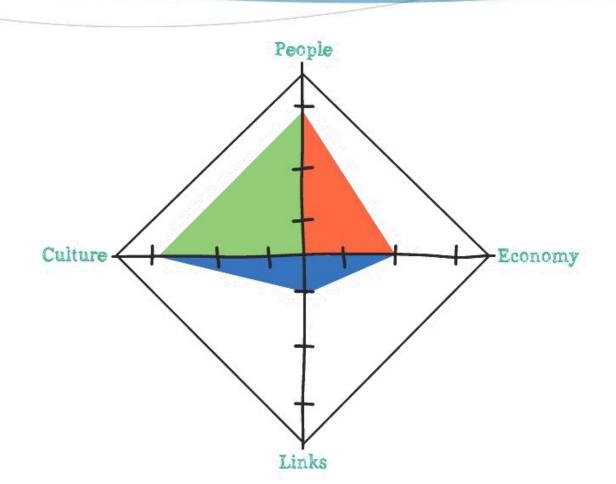
## 3 situations/responses to change



### Resilience Compass



## Mapping situations on the axis



# Generic examples ...

	Break Through	Break Even	Break Down
People	Feel excited by change; take risks; active learning	Feel in control and able to plan ahead	Feel isolated and cautious
Culture	Re-create local story to fit changing times	Celebrate sense of place & belonging	Only consuming outsider culture
Economy	Localised economy, many 'virtuous circles'	Diverse infrastructure and organisations	Too many eggs in one basket
Links	Pro-active cross-community collaboration	Networking with like-minded folk	Survivalism: hunker down

#### ... associated strategies

- Healthy people: supporting individuals' physical and psychological well-being;
- Inclusive, creative culture:
   generating a positive mindset regarding change and a positive sense of place
- Localised economy within ecological limits:
   securing entrepreneurial community stewardship of local assets and institutions;
- Cross-community links:
   fostering supportive connections between inter-dependent communities

## Links with the panarchy/adaptive cycle

as introduced by Garry Peterson & Tim Brodhead

- ♦ The 3 axis « People, Culture, Economy »:
  - → Help mapping situations in each of the adaptive cycle quadrants
- conservation (conservation)

  r

  connectedness 
  Ω

- The axis « Cross-community Links »:
  - $\rightarrow$  relates to the change of scale, the broader system influence (cf. panarchy)
- ♦ The 3 responses to change
  - → relate to the resilience built into the system and the way transitions between phases of the adaptive cycle take place:
    - ability to avoid major crisis and reorganize (break through, break even)
    - or fall/remain in (major) crisis/chronic disaster (break down)

#### Sources

- « Exploring community Resilience », full publication available in PDF:
  - http://www.carnegieuktrust.org.uk/publications/ 2011/exploring-community-resilience

